Some of...

...My 50 Best Lessons from 50 Years of Living

Mark Sanborn June 28, 2008

I've been fortunate to love learning and I'm sure I've learned more than 50 important lessons in my 50 years of life, but I believe these are 50 of the most important:

Worry more about what God thinks about you and less about what others think about you.

Take Walt Disney's advice: "Find a job that you like so much that you would do it without compensation; then do it so well that people will pay you to continue."

You usually win or lose in the preparations.

Add a little extra value to everything important that you do.

Fear nothing but to waste the present moment; if you take care of the moments, the moments take care of your life.

Follow-through and follow-up are critical. Surprisingly few people practice either.

Learning is your most powerful leverage in life.

If we could completely understand God, He wouldn't be much of a God.

You can't take too many notes. Write down as much as you can.

Know why you believe.

Give loyalty to those who deserve it and value loyalty when you receive it.

Nobody has extra time—you must make room in your life for what is important.

To be encouraged look at how far you've come; to be discouraged look at how far you have to go.

God gives us children to help us understand how much He loves us.

You can't have it all; but when you know what's important, you don't want it all anyway.

The more things you own, the more things own you.

To be of service, lessen the pain of another or increase his or her joy; do both when you can.

You can be almost anything you want to be but you can't be everything.

It is more fun to give fun than just to have fun.

Activity creates momentum. Try lots of different things.

Time is the ultimate test of friendship.

Don't ask, "Why me?" Ask, "Why not me?" Nobody is exempt from the challenges of life; you have the ability to deal with it.

To live a life of grace remember these words from *Philo Judaeus*: "Be kind, for everyone you meet is fighting a hard battle."

Keep your word. Say what you'll do and do what you say. It is that simple.

Tt shouldn't be lonely at the top. If it is, you got to the top the wrong way.

Once you are successful, more people will be friend you than will truly be your friend.

Successful people are those willing to do what others aren't willing to do.

"The world will never lack for wonders, but only wonder." G.K. Chesterton

"Good and evil both increase at compound interest. That is why the little decisions you and I make every day are of such infinite importance. The smallest good act today is the capture of a strategic point from which, a few months later, you may be able to go on to victories you never dreamed of." C.S. Lewis

The navel is not the center of the universe. The smallest package is a person wrapped up in him- or herself.

Anger will rarely serve you well.

It is hard to live a high performance life in a low performance body.

Practice the three loves: love what you do, who you do it with and who you do it for.

Everyone is an example: choose to be a great one.

3 Success with people comes not from being *interesting* but being *interested*.

Guard your heart (Proverbs 4:23).

Work harder *and* smarter (not one or the other).

Always give credit where it is due. You can never express too much appreciation.

Work is rewarding and even fun when you're doing it well.

Make time each day to think.

Put yourself in the place of maximum opportunity.

Humor adds immensely to your journey.

"Speak the truth in love." The Apostle Paul

Even when you think you're certain you may not be right. Be careful with certainty.

Emulate to learn but innovate to earn.

Learn to outthink your problems and your competitors.

"You can never get enough of what you really don't need." Eric Hoffer

First you make your choices and then your choices make you.

The antidote to negative thinking isn't positive thinking, it is gratitude.

No matter what happens, look for the lesson.

+++ Soli Deo Gloria +++